



Congresswoman Linda T. Sánchez's Congressional Internship Program

Congresswoman Linda T. Sánchez values education and encourages students and recent graduates to actively participate in government; therefore, this program within the Whittier, CA office of Congresswoman Sánchez is designed for students who want to explore a career in public service.

Job Description: Congressional Intern, Whittier, CA

Congressional district interns will work in a dynamic environment assisting with the operations of a congressional office. Duties include, but are not limited to **answering constituent calls**, assisting with Federal Casework intake, creating flyers, event planning, clerical work, and other district-based projects. Congressional district interns will also have the opportunity to learn about the California's 38th Congressional District by shadowing the office's Caseworkers and Field Representatives.

Minimum Qualifications:

- Priority is given to applicants who live, work, or go to school in the 38th Congressional District;
- Open to college and high school students, in addition to recent college graduates;
- 3.0 unweighted GPA;
- Ability to prioritize and multitask with a mature and responsible attitude;
- Candidate should demonstrate a positive attitude and commitment to excellence;
- Must have an understanding of government agencies and structure (city, county, state, and federal);
- Applicant must be detail-oriented, possess strong writing, and speaking skills;
- Proficient with Microsoft Word, Excel, Publisher, and Outlook;
- Knowledge of a foreign language is a **MAJOR** plus.

Key Dates: Fall 2026 (September - December)

Program Begins:

Monday, September 8, 2026

Program Ends:

Friday, December 11, 2026

Congresswoman Sánchez's Congressional Internship Program is flexible for students who have finals.

For more information, please email: lindasanchez.internship@mail.house.gov

*****Application Deadline: Friday, August 21, 2026*****

Applications will be accepted after the deadline, IF positions are still open.

****Program schedule start and end dates are flexible for college students****



Office of Congresswoman Linda T. Sánchez
Congressional Internship Program, District Office - Whittier, CA
Fall 2026 Application

Instructions:

To be considered you must submit this application form, a formal cover letter, and a resume.
Please respond to all questions on this application or insert a "N/A" if the field does not apply to you.

Submit a single PDF with your application, cover letter, and resume to
lindasanchez.internship@mail.house.gov

Incomplete applications will NOT be accepted.

Name: _____

Home Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____

E-mail: _____

School: _____

Grade/Year: _____ City: _____

Current Unweighted Cumulative GPA: _____

Available to start: _____

Weekly Internship Schedule:

Please indicate the hours you are available each day between 9:00AM - 5:30PM.

A minimum commitment of 15 hours a week is required for the program.

Example: From 9:00 a.m. to 3:00 p.m.

Monday: From _____ to _____

Tuesday: From _____ to _____

Wednesday: From _____ to _____

Thursday: From _____ to _____

Friday: From _____ to _____

Are you available on occasional evenings or weekends for special office events? Y/N

Is this your first time applying? Y/ N

References:

Please provide information for two references that are not related to you. One must be an academic reference, and the second must be a professional reference.

Academic Reference:

Name	Daytime Phone	Years Known
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Professional Reference:

Name	Daytime Phone	Years Known
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Application Checklist:

- ☐ Completed Application
- ☐ Resume
- ☐ Cover letter - One page, double spaced. Must answer the following questions:
 - Why should you be selected to participate in the Internship Program?
 - How do you personally connect to California's 38th Congressional District and the Congresswoman's political platform?
 - What local or federal issues are you interested in learning more about?

I certify that the information in this application is complete and accurate to the best of my knowledge.

I am aware that any false statements may result in the disqualification for an internship position with the Office of Congresswoman Linda T. Sánchez.

Signature: _____

Date: _____